

SPIRITS ONYMOUS WINTER SESSION – 2007-2008
GRATITUDE LIST



Take a deep breath and look back at the last seven days: what are you grateful for? What did you accomplish?

Dec 9 Step 1	
Dec 16 Step 2	
Dec 23 Step 3	
Dec 30 Step 4	
Jan 6, 2008 Step 5	
Jan 13 Step 6	
Jan 20 Step 7	
Jan 27 Step 8	
Feb 3 Step 9	
Feb 10 Step 10	
Feb 17 Step 11	
Feb 24 Step 12	