

VALUES CHART

Now, I am happy and grateful that:

| I AM true to my values of: | I AM committed to: | I AM inspired to take action: |
|---|--|---|
| <i>Emotional Health</i> <i>Example</i> | <i>Listening to my intuition and taking action based on my values.</i> | <i>Write a gratitude list</i> <i>Meditate on Dream Collage</i> |
| Emotional Health | | |
| Physical Health. | | |
| Spiritual Development | | |
| Self-Care/Free Time | | |
| Healthy Relationships | | |
| Work/Intellectual Health | | |
| Financial Wealth | | |
| Earth | | |
| | | |

Today, this is what **I AM** creating!

Spirit, you recognize me as Divine. As I align with this Truth, others instantly align with their Divinity and we connect with our hearts.